

CrossFit Kids Adventure General Waiver

Name of Participant _____ Birth date ____ / ____ / ____ Gender M F

Home (____) ____ - ____ Other (____) ____ - ____ E-mail _____

Street Address _____ City/State _____ Zip _____

In case of an emergency, contact _____ Phone (____) ____ - ____

How did you first hear of CrossFit Kids Adventure? _____

Part I:

This is a legally binding agreement. By signing this agreement, you waive your right to bring a court action to recover compensation or to obtain any other remedy for any injury to yourself or your property or for your death however caused arising out of your use of the facilities of CrossFit Kids Adventure, now or in the future. I hereby acknowledge and agree that physical exercise, HAS INHERENT RISKS. I have full knowledge of the nature and extent of all the risks inherent to exercise, and to the use of the facilities of CrossFit Kids Adventure, its floor, and its other training equipment, including, but not limited to:

1. All manner of injury resulting from falling off of the climbing rope, whether permanently or temporarily in place, or on the floor;
2. Rope abrasion, entanglement and other injuries resulting from other activities on or near the climbing rope such as, but not limited to, climbing, lowering of the rope, rescue systems, and any other rope techniques;
3. Injuries resulting from falling climbers or participants, or from dropped items, such as, but not limited to, bars, ropes or other equipment;
4. Failure of ropes, climbing holds, anchor points, or any other part of climbing structures;
5. Failure of bars, mats, floors, rings, or any other equipment;
6. Injuries occasioned by the negligence of other users of CrossFit Kids Adventure;
7. Cuts and abrasions resulting from skin contact with any surfaces;
8. Injuries resulting from landing or falling on any surfaces; and
9. Injuries to bones, joints, ligaments, tendons, or death.

I further acknowledge that the preceding list is not inclusive of all possible risks associated with the use of CrossFit Kids Adventure and that said list in no way limits the extent or reach of this release and covenant not to sue.

In consideration of my use of CrossFit Kids Adventure, I agree not to claim or sue for any injury or damages resulting from risks inherent in the climbing activity that I will pursue in CrossFit Kids Adventure, including, but not limited to, the risks that have been outlined above.

Part II:

In consideration of my use of CrossFit Kids Adventure, I, the undersigned user, agree to release on behalf of myself, my heirs, representatives, successors, executors, administrators and assigns, and hereby DO RELEASE CROSSFIT KIDS ADVENTURE, its officers, agents, and employees from any cause of action, claims, or demands of any nature whatsoever, including, but not limited to, a claim of negligence, which I, my heirs, representatives, successors, executors, administrators, and assigns may now have, or may have in the future, against CrossFit Kids Adventure on account of personal injury, property damage, death, or accident of any kind, arising out of, or in any way related to my use of CrossFit Kids Adventure whether that use is supervised or unsupervised, however the injury or damage is caused, including, but not limited to, the negligence of CrossFit Kids Adventure, its officers, agents, or employees.

In consideration of my use of CrossFit Kids Adventure, I, the undersigned user, agree to INDEMNIFY AND HOLD HARMLESS CROSSFIT KIDS ADVENTURE, its officers, agents, and employees from any and all causes of actions, claims, demands, losses, or costs of any nature whatsoever arising out of, or in any way relating to my use of CrossFit Kids Adventure.

I hereby certify the following:

1. That I have full knowledge of the nature and extent of the risks inherent to the use of CrossFit Kids Adventure and that I am voluntarily assuming these risks. I understand that I will be solely responsible for any loss or damage, including death, that I sustain while using CrossFit Kids Adventure and that by this agreement, I am relieving CrossFit Kids Adventure, of any liability for such loss, damage, or death.
2. That I am in good health and that I have no physical limitations that would preclude my safe use of the facilities and climbing ropes of CrossFit Kids Adventure.
3. That I have sufficient health, accident, and liability insurance to cover any bodily injury or property damage that I may incur while participating in this event and to cover bodily injury or property damage caused to a third party as a result of my participation in this event. If I have no such insurance, I certify that I am personally capable of personally paying for any and all such expenses or liability.
4. Should it become necessary for CrossFit Kids Adventure to incur attorney's fees and costs to enforce this agreement, or any portion thereof, I agree to pay all reasonable costs and attorney's fees thereby expended, or for which liability is incurred.

I, the undersigned, recognize the dangers inherent to physical exercise, gymnastics, and/or climbing activities. I am assuming the hazard of this risk upon myself because I wish to participate in these activities. I realize that I am subject to injury from this activity and that no form of pre-planning can remove all of the danger to which I am exposing myself.

Participant (Print name) _____ Age _____

Participant (Print name) _____ Age _____

Participant (Print name) _____ Age _____

**If participant is under 18 years of age, the signature of a parent or legal guardian is required.

Parent or Guardian signature _____ Date _____